



## FINN CRISP ORIGINAL

Thin rye crispbread



**Article no**  
102823



**Net weight**  
9x400

### Description / Production

Delicately thin sourdough crispbread with rich rye taste and a deliciously crunchy mouthfeel. Finn Crisp is made from pure Finnish lake waters, sourdough and 100% wholegrain rye. Tasty, crispy and baked full of goodness. Discover the spirit of Finland with a topping of your choice.

### Preparation / Use

Retail product

**Portion (g):** 6

### Ingredients

Wholegrain **rye** flour, sourdough 25 % (wholegrain **rye** flour, water), salt, yeast. Contains 95 % wholegrain rye flour

#### May contain traces of:

Sesame seeds

### Allergens

Parameter	In recipe:
Cereals containing gluten (i.e. wheat, spelt, kamut, rye, barley, oats or their hybridised strains) and products thereof	Yes
Crustaceans and products thereof	No
Egg and products thereof	No
Fish and products thereof	No
Peanuts and products thereof	No
Soy and products thereof	No
Milk and products thereof (including lactose)	No
Nuts, ie almonds ( <i>Amygdalus communis</i> L.), hazelnut ( <i>Corylus avellana</i> ), walnut ( <i>Juglans regia</i> ), Cashew ( <i>Anacardium occidentale</i> ), pecan ( <i>Cary illinoensis</i> (Wangenh.) K. Koch), paranöt ( <i>Bertholletia excelsa</i> ), pistachio ( <i>Pistacia vera</i> ), Macadamia nut and Queensland nut ( <i>Macadamia ternifolia</i> ) and products thereof	No
Celery and products thereof	No
Mustard and products thereof	No

Sesame seeds and products thereof	No
Sulphur dioxide and sulphites at concentrations of more than 10 mg / kg or 10 mg / l, expressed as SO <sub>2</sub> .	No
Lupin and products thereof	No
Molluscs and products thereof	No

## Nutrition Declaration

Parameter	Pr. 100 g	% of DRI	Pr portion (6 g)	% DRI
Energy, kJ	1450		90	
Energy, kcal	350		20	
Fat (g)	2,6		<0,5	
- of which saturates (g)	<0,5		<0,1	
Carbohydrate (g)	61		3,8	
- of which sugars (g)	1,6		<0,5	
Dietary fibre (g)	20		1,3	
Protein (g)	10		0,6	
Salt (g)	1,4		0,1	

**Number of servings per package:** 60

## Shelf life and Storage

Shelf life and Date labelling	
Shelf life (days):	365 days
Best before labels on packaging:	dd mm yyyy
Keep in dry and dark.	

## Other

### Product is compliant with SE/DK/NO/FI and EU legislation:

Products from Lantmännen are produced and packed according to current Swedish, Danish, Norwegian, Finnish and EU legislation for food and packaging in contact with food. The product is not GMO.

### Nutrition claim:

High fibre

### 100% Whole grain:

The product contains 100% whole grain of the grain ingredients.

### Recycling instruction:

Recycle carton as paper and inner bag as plastic.

### Kosher certified product.

**Produced in:**  
Kotka, Finland

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**Visiting address**  
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