



ORIGINAL RYE
Wholegrain rye crispbread, small round



Article no
102988

Net weight
12x250 g

Description / Production

Classic wholegrain rye crispbread in a unique round shape.

Preparation / Use

Retail product

Portion (g): 13

Ingredients

Wholegrain **rye** flour, water, yeast, salt and emulsifier: mono- and diglycerides of fatty acids (E471).

For allergens, including cereals containing gluten, see ingredients in bold.

May contain traces of:

Sesame seeds

Allergens

Parameter	In recipe:
Cereals containing gluten (i.e. wheat, spelt, kamut, rye, barley, oats or their hybridised strains) and products thereof	Yes
Crustaceans and products thereof	No
Egg and products thereof	No
Fish and products thereof	No
Peanuts and products thereof	No
Soy and products thereof	No
Milk and products thereof (including lactose)	No
Nuts, ie almonds (<i>Amygdalus communis</i> L.), hazelnut (<i>Corylus avellana</i>), walnut (<i>Juglans regia</i>), Cashew (<i>Anacardium occidentale</i>), pecan (<i>Cary illinoensis</i> (Wangenh.) K. Koch), paranöt (<i>Bertholletia excelsa</i>), pistachio (<i>Pistacia vera</i>), Macadamia nut and Queensland nut (<i>Macadamia ternifolia</i>) and products thereof	No
Celery and products thereof	No

Mustard and products thereof	No
Sesame seeds and products thereof	No
Sulphur dioxide and sulphites at concentrations of more than 10 mg / kg or 10 mg / l, expressed as SO ₂ .	No
Lupin and products thereof	No
Molluscs and products thereof	No

Nutrition Declaration

Parameter	Pr. 100 g	% of DRI	Pr portion (13 g)	% DRI
Energy, kJ	1450		190	
Energy, kcal	340		40	
Fat (g)	2,1		<0,5	
- of which saturates (g)	0,7		<0,5	
Carbohydrate (g)	60		7,9	
- of which sugars (g)	2,2		<0,5	
Dietary fibre (g)	19		2,5	
Protein (g)	10		1,3	
Salt (g)	1,2		0,2	

Number of servings per package: 19

Product safety

Micro organisms	Target x	Tolerance X
Total aerobic count (log cfu/g)	<10.000 (4,0)	<100.000 (5,0)
Yeast (log cfu/g)	<1000 (3,0)	<10.000 (4,0)
Moulds (log cfu/g)	<100 (2,0)	<1000 (3,0)
Salmonella in 25g	neg	neg

Shelf life and Storage

Shelf life and Date labelling	
Keep in dry and dark.	
Shelf life (days):	365 days
Best before labels on packaging:	dd mm yyyy

Other

Product is compliant with SE/DK/NO/FI and EU legislation:

Products from Lantmännen are produced and packed according to current Swedish, Danish, Norwegian, Finnish and EU legislation for food and packaging in contact with food. The product is not GMO.

Nutrition claim:

High fibre

100% Whole grain:

The product contains 100% whole grain of the grain ingredients.

Recycling instruction:

Recycle as plastic.

Kosher certified product.

Produced in:

Kotka, Finland

Visiting address

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